

## **Breast cancer and Lyme disease: one woman's message**

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<https://danielcameronmd.com/breast-cancer-lyme-disease-patient/>

The woman, a mother to three boys, initially assumed a lump in her breast was due to Lyme disease. “Before I was diagnosed with breast cancer, I thought a lump I had found was part of my Lyme disease. I thought, ‘Okay, let me just watch this and see if it goes away over the next month,’” [she tells Glamour reporter Jillian Kramer](#).

She explains that having cancer had never occurred to her and as a Lyme disease patient she had become accustomed to being judged and was worried about how medical professionals would view her complaints.

“I’d gone through a long bout with Lyme disease and had a lot of experience being blown off by doctors,” she says. “I had even gotten into the habit of blowing things off. I’d say, ‘It’s probably nothing.

“I’d put it [breast lump] off for such a long time, thinking that people would think I was being silly.”

After her diagnosis of Stage IIIC breast cancer, the woman underwent chemotherapy, radiation, and a double mastectomy. Unfortunately, she relapsed a month after completing treatment and was diagnosed with Stage IV cancer.

She cautions others. “Even if you’re worried about being wrong, see a doctor.”

**Editor’s Note:** This courageous woman passed away in December of 2019 but her story is an important reminder to readers, particularly Lyme disease patients, to always follow-up with your doctor when a new symptom emerges. Do not assume a new symptom is Lyme-related, even when you’ve had a history of Lyme disease.

### **References:**

1. Kramer, Jillian. This Mom Has Terminal Breast Cancer, But She’s Still Fighting for Her Kids. Glamour magazine, October 31, 2019.

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